

Testimonials

"This training has assisted my staff in identifying new ways of working with families that have been historically difficult to work with by enabling us to understand some of the causes to their behaviour. It has facilitated the development of strategies that make all of our contact with the families more meaningful and productive. "

Team Leader working with vulnerable families.

"I highly recommend this training to all therapists and mental health practitioners. Regardless of your experience and stage of professional development, whether you know a lot, or a little, about attachment theory, embracing the DMM will change the way you work and help your clients achieve greater outcomes."

Dr. Anne Robson, Psychologist

The training is based upon the work by Baim and Morrison: *Attachment-based Practice with Adults – Understanding strategies and promoting positive change: a New Practice Model and Interactive Resource for Assessment, Intervention and Supervision.*"

Pavilion Pub. (Brighton) Limited, 2011.



Attachment-based Practice with Adults

Understanding strategies and
promoting positive change

A new practice model and interactive resource for assessment,
intervention and supervision

Clark Baim and Tony Morrison



ConnectMe Psychology

Introductory:

Attachment-Based
Case Formulation
&
Therapeutic
Support

Contact

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Clinical Psychologist
Registrar



Training Content



Attachment-Based Case Formulation & Therapeutic Support covers essential theoretical concepts of Attachment Theory and Practice and facilitates skills and understanding of the following areas:

Jessica Heller-Bhatt, Psychologist, trained in the Dynamic Maturational Model of Attachment & Adaptation (DMM) with Dr Patricia Crittenden and has obtained qualifications in attachment-based assessments for both parent-child dyads and adults.

Jessica has worked across diverse client populations, supporting vulnerable children, young people, and adults. Her career has involved roles in AOD, child protection, perinatal organisations, secondary and tertiary teaching facilities.

Jessica advocates for a relational, theoretically grounded and evidence-based understanding of client presentations as essential to enhanced assessment accuracy and effective, lasting therapeutic support.

- What attachment behaviours are people able to use and how are they associated with certain ways of thinking and expressing oneself in interactions with others?
- How do I recognise attachment behaviour in myself and others?
- How can I best use this knowledge to engage with clients in the most effective and relationship-building way to facilitate positive change?

The content is aimed at helping professionals (psychologists, social workers, allied health professionals, teachers) to form a deeper and more accurate understanding of their clients by looking at the relational function of behaviour. Aspects of discourse analysis and an attachment-based interviewing framework add to the rich learning experience of this introductory training.

Course Fee:

\$649 Early Bird

\$749 Normal Rate

The training entails pre-reading material of approximately 4 hours.

Jessica also provides consultancy to both individual professionals and work organisations, supervision, and reflective group practice for optimal integration of attachment-based practice within the workplace.